Smartwatch X8 MAX

Instructions manual

Firstly, it is important to note that for Android cell phones, Android 4.2 or higher operating system is required; for Apple cell phones, IOS 8.0 or higher is required, likewise your cell phone needs to support Bluetooth BT4.0.

Secondly, before the first time use, please make sure that the watch has enough charge. If the device cannot power on, please charge it first.

Next step, download the APP.

Android download method:

Search for "HryFine" on Android Google Play to download the app or scan the QR code to download.

IOS download method:

Scan the QR code to download the app.

To pair your watch to your cell phone:

+ Press and hold the power button to turn on, please make sure the Bluetooth on the cell phone is turned on (on Android you have to turn on the GPS).

+ Open the "HryFine" on the cell phone, input my device to match the watch, select the MAC address matching your watch to connect, if you can't find the device, you can click the device list on the top right corner to refresh and search.

+ When the APP successfully connects to the watch, a guide page will appear. According to the guide page, enter the Bluetooth search pairing "Hry 3.0 Bluetooth". After the connection is

successful, you can make/receive calls and play Bluetooth music (on Android, automatic pairing 3.0).

Smartwatch operating instructions:

+ Power button: Power button turns off / on the screen, and also can return to the clock interface in other app interfaces.

+ Clock interface: The watch will automatically sync to the phone's date and time after connecting to the APP. Press and hold the clock screen for 2 seconds to switch between different dialing interfaces.

+ Phone dialing: When Bluetooth 3.0 is connected, you can make a call by dialing the number. At this time, the phone will dial automatically; the phone can set the calling device as a wristband phonebook: After the wristband is successfully connected to the APP, you can add 50 frequently used contacts in the APP. After the contact is successfully added, the wristband phonebook will be displayed synchronously. The wristband can click the contacts in the phonebook to make calls: the phone must be connected to Hry3.0.

+ Call log: keeps a record of the calls made by the watch.

+ Information: saves the information clicked by the cell phone: you can view the last 8 messages clicked.

+ Sports mode:

1. Records the distance traveled and calorie consumption in the running mode.

2. Records the calorie consumption in jumping mode.

3. Record calorie consumption in running mode.

4. Distance cycled and calorie consumption in bicycle mode.

5. Calorie consumption in swimming mode.

6. Pedometer record: displays step count, completion status, distance traveled and calories for the day.

+ Sleep detection: wear the watch at the time of falling asleep, it will record sleep duration, deep sleep, light sleep and wake time, you can view your sleep data details on the APP, and you can also set the sleep detection time interval.

+ Sedentary reminder: function period of sedentary reminder and effective time range of sedentary reminder, sedentary switch needs to be set in sedentary reminder by APP.

+ Heart rate measurement: after selecting the heart rate function, it will automatically measure and display the measured heart rate data. After the measurement is finished, the data will be uploaded to the APR remarks: The wristband must be compatible with the heart rate sensor.

+ Blood pressure measurement: After selecting blood pressure, it will automatically measure and display the measured blood pressure data.

+ Blood oxygen measurement: after selecting the blood oxygen function, it will automatically measure and display the measured blood oxygen data.

+ Remote camera: need to be connected to the APP, open the remote camera and it will open the camera, shake the watch to take a picture, when exit the remote camera function will also exit the mobile camera.

+ Stopwatch: function to start and stop the time stopwatch.

+ Search cell phone: when the application is connected, enter the cell phone search function, press the icon, the phone will send a ringtone reminder.

+ Flashlight: turn on the flashlight function, the clock display will be bright white.

+ Device information: display the MAC serial number and version number of the device.

+ Brightness adjustment: adjust the brightness of the display ring, you can choose from 5 brightness levels.

+ Alarm: Connected to the APP, you can add a reminder alarm through the APP, and sync to the watch after the addition is completed, you can add up to 5 alarms.

+ Bluetooth Music: Can only be used when connected to Bluetooth 3.0 phone. You can control the play/pause of the music playing on the cell phone via Bluetooth.

+ Theme: After login, slide up and down to select different clock themes.

+ QR Code: Display the QR code to scan and download the APP from the device.

+ Personal information: set your avatar, nickname, gender, age, height and weight, set a target number of steps to control the completion of daily step count.

+ Device search: when the watch is connected, click the search device and the watch will vibrate.

+ Message reminder: set the type of message that the cell phone will notify the watch, such as: QQ WeChat, Weibo, Whatsapp, mail, incoming calls and other information (requires the cell phone system to authorize the APP to obtain notification permission).

+ Alarm reminder: set the alarm reminder time, after the setting is completed, it will sync to the watch, the watch will have a vibration reminder, even if disconnected from the APP, the watch will save the APP settings to signal reminder.

+ Sedentary reminder: enable the sedentary function and set the reminder duration and sedentary time range, after the setting is successful, it will sync to the watch and the watch will send a vibration reminder at the sedentary set time point.

+ Remote timer: with the watch linked to the cell phone, you need to enter the APP remote camera interface, shake / rotate the wristband, take photos automatically after 3 seconds, please authorize the APP to access the album and save the selfie photos.

+ Sleep detection: when connected to the watch via the app, you can set the watch sleep detection time, sleep heart rate detection auxiliary switch and other detection functions.

+ Automatic heart rate measurement: when the watch is connected, set the time point for automatic heart rate measurement. After completing the setting, it will automatically synchronize with the watch. During the process of wearing, your heart rate data will be automatically detected and transmitted to the APP to save.

+ Do not disturb mode: enable do not disturb mode, you can set the time period of do not disturb, the watch will stop receiving notification messages within the set time period.

+ Vibration: enable/disable the vibration reminder function of the watch. After deactivating it, the watch will not have vibration function.

+ Language setting: Can be set according to the language supported by the watch. Once the setting is completed, the watch will automatically switch to the language you have set.

+ Wearing mode: left/right wearing mode, you can adjust the heart rate pedometer and other data algorithms according to your wearing mode.

+ Synchronize system time: manually synchronize the phone time to the clock.

+ Factory reset: access this function to restore factory defaults and erase all data.

+ Raise hand to illuminate the screen: When activating this function, when the wristband is in the screen sleep state, raise your wrist and turn the screen to itself to illuminate the screen and then lower your hand to turn off the screen.

Precautions:

+ Should not be worn while bathing or swimming.

+ When synchronizing data, make sure the watch is correctly paired and do not disconnect it.

+ Use the included charging cable for charging.

+ Do not expose the watch to high humidity, extremely high or low temperatures for a long period of time.

+ If the watch restarts unexpectedly, please check the phone memory information to clear it and try again, or close the APP and reopen it.

Maintenance of the watch:

+ Do not scratch the sensor, protect it from damage.

+ Clean the surface of the watch with a damp cloth and use mild soapy water to remove oil or dust.

+ Do not expose the watch to an environment with strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol or insect repellent. Chemicals will damage the water-resistance of the watch and the case surface.

+ Avoid subjecting the watch to strong impacts and extreme exposure to high temperatures.

+ As long as the lens and case are intact, the watch will be water resistant. Violent disassembly will affect the water resistance.

Common problems:

What should I do if I can't connect Bluetooth (Connection error / reconnection or slow connection / reconnection)?

Answers:

Please confirm if the cell phone is compatible (iOS 8.0 or Android 4.4 or higher, Bluetooth 4.0 cell phones or tablets) 2.

2. Due to the signal interference problem in Bluetooth wireless connection, the connection time may be different from case to case. If you cannot connect for a long time, please make sure to connect in a place where there is no magnetic field or much interference from Bluetooth devices.

3. Turn off the Bluetooth on the phone and turn it on again.

4. Delete the application from the phone or restart the phone.

5. Do not connect your phone to other similar products at the same time (other smart wristbands).

The APP is still running in the background and cannot connect, the watch is not displayed.

Answer: If the Bluetooth signal from the watch is not displayed on the cell phone, please make sure that the watch is turned on and activated, and that it is not connected to other cell phones. Move the watch closer to the cell phone and search again. If it still does not show up, turn off the Bluetooth on the cell phone for 20 seconds, restart the Bluetooth and search again.

Should the Bluetooth connection always be on and will there be data if it is closed?

Answer: Before synchronizing the data, the exercise and sleep data will be saved in the wristband device. When the cell phone and the watch are successfully connected via Bluetooth, the watch will automatically upload the data to the cell phone, please note that the data stored by the watch is limited, and only about one week of Bluetooth data can be stored.

When the space is full, the oldest data will be automatically overwritten to store the newest data.

Remarks:

If you enable the incoming call and SMS reminder function, you need to keep Bluetooth connected, only alarm reminder is supported offline.

What should I do if the watch cannot be charged?

Answer:

1. Please confirm that the charging cradle is placed correctly and if the charging clip is in good contact with the watch.

2. When the power of the watch is lower than 3.6V, there will be a period of battery precharging time.

Remarks:

After plugging in the charger, it will immediately enter the charging state. If the display is off, it will take 3 to 5 minutes to display in charging status.

Can wearing the watch for a long time cause harm to the human body?

Answer: No, the radiation of the equipment is lower than the US FCC standard and is basically negligible.